



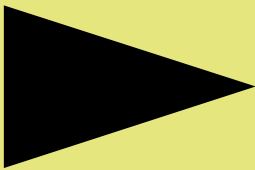
HFM PREVENTION COUNCIL

STRENGTHENING FAMILIES

FREE CLASS!

FREE MEAL!

FREE CHILDCARE!



**Wednesday, February 17
Or
Wednesday, April 28**

5:30-7:30pm

YWCA

Contact Janice Blodgett
for more information or to
register to attend.

Strengthening Families includes the **WHOLE** family...parents and children 6 years and older. Free child care is provided for children under 6.

Experience fun group activities for the family . Dinner is included for the whole family – no cooking for a night!

Families will learn to:

Communicate more clearly, honestly and openly with one another

Develop listening skills to enhance family communication

Develop effective conflict resolution and disciplinary skills

Enhance decision making and problem solving skills

Develop a sense of family responsibility, interdependence and cooperation

Have fun together!

